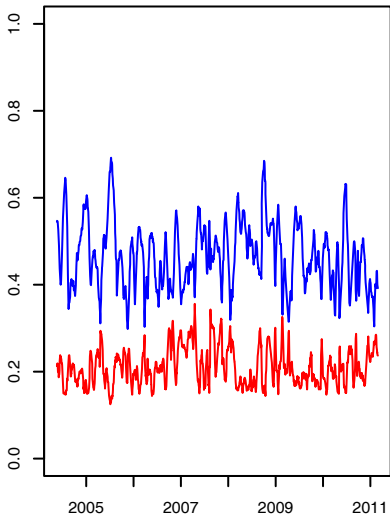Variance explained (w = 3 months) **Variance explained (w = 12 months)**